

# Step 1: Self-Assessment



#### 1. What are your interests?

Take a moment to list three things you're passionate about. These can be hobbies, personal interests, or things that excite you in your personal or professional life.

#### 2. What skills do you have?

Write down your key skills—both professional and personal. These could include anything from technical abilities to communication, design, or management skills.

# Step 1: Self-Assessment

#### 3. What are your strengths and weaknesses?

This section helps you reflect on your strengths (what comes easily to you) and weaknesses (areas where you may need support or improvement).

#### Strengths:

- •
- •
- •
- •
- •

#### Weaknesses:

- - •
- •
- •
- •

# **Step 2: Define Your Market**



#### 4. Who is your ideal audience?

Think about the people you would want to serve. Are you targeting a specific age group, industry, or type of customer? Describe your ideal target audience.

#### Demographics (age, gender, location, etc.):

Psychographics (interests, lifestyle, pain points, etc.):



#### 5. What problems can you solve?

Great businesses solve problems. Consider the challenges or needs your target audience faces. What problems are you passionate about solving?



# 6. What type of online business appeals to you?

Below are a few common online business models. Check the ones that resonate with you, and feel free to add others that come to mind.

- **E-commerce** (selling physical or digital products)
- Online courses and coaching
- **Freelancing** (writing, design, programming, etc.)
- Membership sites
- Affiliate marketing
- **Content creation** (blogging, YouTube, social media)
- SaaS (Software as a Service)
- Dropshipping
- Others (Please specify):

0		
0		
0	 	
0		

		_
		_
		_
		_
-		
1		
		_
$\vdash$		
$\vdash$		
1		
L		





#### 7. Why are you drawn to this business model?

Write down a brief explanation of why you feel attracted to the business model(s) you've selected.

# **Step 4: Validate Your Idea**



#### 8. Is there a market for your business?

Do some quick research to find out if your idea has potential. Ask yourself:

- Are there existing businesses doing something similar?
- Are people actively searching for solutions to the problem you want to solve?

Write down what you find:



# 9. How will you stand out from the competition?

Think about how you can differentiate your business from others in the same space. Consider your unique selling proposition (USP).



#### 10. What are your short-term goals?

In the next 3–6 months, what do you want to accomplish for your business? This could be milestones like setting up a website, making your first sale, or attracting your first clients.

# **Step 5: Set Your Goals**



### 11. What are your long-term goals?

Where do you see your business in 1-3 years? Think about growth, revenue, and scaling.

# **Step 6: Action Plan**



#### 12. What is the first step you will take?

Starting a business can feel overwhelming, but breaking it down into smaller tasks will make it manageable. What is one thing you can do today to get started?





#### 13. What resources or support do you need?

List any tools, people, or resources you need to get your business started (e.g., website builder, mentorship, financial resources, etc.).

## **Get Started!**



Now that you've reflected on your interests, skills, audience, and business models, you're well on your way to identifying the type of online business you want to start.

Keep this worksheet handy as you move forward and refer back to it as you refine your business idea.

> Need more guidance? Check out the <u>Complete Cupcake Consulting Guide!</u>

